

# Prayer Chains



Children love to make paper chains. These can be made with scrap paper or almost any kind of coloured paper. Use this simple and fun activity to teach the children about prayer.

## Materials:

- Paper (coloured is best)
- pencil/pen
- scissors
- stapler or tape

**Instructions:**

1. Cut the coloured paper into long rectangular strips. As you cut the paper, speak with the children about the meaning and importance of prayer.
2. Guide the children in writing specific prayer requests on the slips of paper. One prayer request goes on each piece of paper.
3. Staple or tape the ends of the papers together to form links of a chain.
4. Connect the links to form a chain of prayer requests.
5. As children hold each link of the chain they pray for what is written on that link.

**Adaptations:**

- Hang the chains in the room and bring them down at prayer time.
- The leader of the prayer prays for the requests listed on each link.
- Send the chains home with children so that they can use them at home.

**Date**

2026/06/10