Happy all the Time (Inright, outright) Song

Lyrics:

I’m inright [point in], outright [point out],
upright [point up], downright [point down]
Happy all the time [clap with each word]

I’m inright [point in], outright [point out],
upright [point up], downright [point down]
Happy all the time [clap with each word]

Since Jesus Christ came in
To take away my sin I’m…
I’m inright [point in], outright [point out],
upright [point up], downright [point down]
Happy all the time [clap with each word]

Note:

This is a very old and traditional song but one person visiting this site was concerned that singing “happy all the time” discounts other legitimate emotions that we feel and that God understands. As always, teachers should be sensitive when choosing which songs are appropriate for what the children are going through.

The song might be more accurate if you substitute the word “joyful” for the word, “happy.” Joy goes deeper than surface emotion. With God, we experience deep joy even in hard times.

“Be full of joy in the Lord always. I will say again, be full of joy.” Philippians 4:4, ICB

“This is the day that the Lord has made. Let us rejoice and be glad today!” Psalm 118:24, ICB

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