



# The First Caregivers

*Lesson 6: God created Adam and Eve in his image to care for his creation*

God saved the creation of man and woman (the caretakers of the creation) until the sixth and last day of creation. On the seventh day he rested. Infants and toddlers can best relate to this through their parents and other loving adult caregivers in their lives.

Scriptures to read: Genesis 1:26-31 (and chapter 2 for more detail) “...So God created mankind in his own image...male and female he created them...The Lord God put [them] in the Garden of Eden to work it and take care of it.”

## Class Schedule

(45 minutes)

### Welcome Time (15 minutes)

*On the mat in the soft corner.* Time to settle in and free play. Music or singing.

### Bible Time and Lesson (20 minutes total)

*At the table*

- **Bible Time**
- **Lesson:** Talk about the fact that God made Adam and Eve and told them to take care of the garden. Explore ways parents care for the family and take care of the family. Pretend to care for a garden by planting seeds, picking flowers or digging in the dirt.
- **Craft:** (optional) Any picture of Adam and Eve taking care of the garden.
- **Snack:** Fruit or vegetables or make juice from a fruit.

### Closing (10 minutes)

*On the mat in the soft corner* Quiet activities to settle down. Quiet music or nature sounds.

## Teaching Items to Collect

(Some are in the Theme Boxes):

- Adam & Eve stand-up figures
- Items to pretend caring for the garden:
  - Watering tin
  - Trowel
  - Rake
  - Seeds
  - Flowers, vegetables & fruit
- Toy family set (dad, mum and children)
- Dolls and baby items to pretend caring for babies
  - Blankets
  - Bottles
  - Cups
  - Nappies, Baby Powder
- Animal Families to role-play the parents taking care of offspring:
  - Dogs
  - Horses
  - Cows
  - Pigs
  - Bears



## 1. Welcome Time

(15 minutes) *On the mat in the soft corner*

Time to Settle in and free play.

Today make a point to talk about who helped them this morning. Say “Mummy made your breakfast this morning. Mummy is so kind.” “Daddy was so good to drive you to Bible Class today. He takes care of you.”

- Bubbles/toys/picture books
- Welcome each by name
- Mirrors, Peep Tube, Vehicles
- Bell to indicate class is about to start

## 2. Bible Time

When you move to the table spend the first 5 minutes in routines that you repeat each week.

- Pat the bible
- Place star stickers in the bibles.
- Find Jesus picture (sticker) in bible.
- “Read”- God loves \_\_\_\_.
- B-I-B-L-E

### Vocabulary:

- Adam and Eve
- Care
- Help
- Garden

### Sensory:

- Rough stubble and soft skin.
- Warm cuddle or hug
- Various textures of plants and gardening items.
- Animal Sounds

## 3. Bible Lesson

(15 minutes) *At the table*

- Guide the children in conversation about parents and caregivers. Use sensory observation when possible.
  - Daddy’s voice is deep and Mummy’s voice is high.
  - Uncle’s face is scratchy like sandpaper and Auntie’s is soft (feel sandpaper).
  - Grandpa kisses me goodnight and Nana tickles me.
- Role-play parents and caregivers at home caring for home and family
  - Caring for the garden and lawn
    - Planting seeds
    - Digging
    - Picking fruits, vegetables and flowers
  - Cleaning the house.
  - Taking care of the children
  - Praying with us & reading Bible stories
- Use animal families to show how the parents love and care for their offspring:
  - Preparing nests and dens
  - Licking their fur to clean them
  - Giving them food
- Craft (optional): Plant a seed or seedling in a cup of soil to send home.
- Prayer and Snack: Guide the children in helping you serve the snack today (passing things out, cleaning up).

## 4. Closing

(10 minutes) *On the mat in the soft corner.* Quiet activities to settle down

- As you settle down today pay special attention to any kind of helping that the children do and be sure to praise them.
- Cuddle the baby dolls and “pray with them” as you put them to bed. Point out how parents and caregivers do this for us.



## Suggested Songs for this Lesson:

Note: Infants and toddlers enjoy the rhythm and melody of song but they are not critics of the teacher's abilities! It's fine if you sing the same tune every time, make up your own tune or even just say the words in a poetic or fun way. Just have fun with it and put the children's needs above your own shyness.

### **Daddy Has a Scratchy Face**

Daddy has a scratchy face.  
Scratchy face. Scratchy face.  
Daddy has a scratchy face.  
I love Daddy.

Mummy's face is oh, so soft.  
Oh, so soft. Oh, so soft.  
Mummy's face is oh, so soft.  
I love Mummy.

*Tune: Mary Had a Little Lamb*

*Action: Before class print a picture each of a woman's face and a man's face. Glue sandpaper on the man's cheeks and let the children feel the roughness of it and smoothness of the woman's while you sing.*

### **My Daddy Plays With Me**

My Daddy plays with me.  
My daddy plays with me.  
He rolls the ball and tickles my tum.  
My Daddy plays with me.

My Mummy cuddles me.  
My Mummy cuddles me.  
She hugs and pats and sings me to sleep.  
My Mummy cuddles me.

*Tune: Farmer in the Dell*

*Actions: Show pictures of families as you sing this song. Depending on the pictures you are showing you may wish to make up your own words to go along.*

### **God Made Daddies--God Made Mothers**

God made Daddies--God made Mothers.  
God made little sisters and brothers.  
God made little babies, too.  
Thank you, God.

I love Daddy. I love Mother.  
I love little sisters and brothers.  
I love little babies too.  
Thank you, God.

*Action: Show toys in family groups as you sing these words. Besides human families this song can also be adapted for any animal family group.*

*Note: You may feel awkward singing this song if children are from broken families. If this comes up then it might be appropriate to mention that there is no judgment in this classroom. We just want to make sure children to understand God's plan so that they will be good husbands, wives and parents someday. Teachers and parents are on the same team in wanting happiness and fulfilment for these children.*

### **Who Can Make a Mummy?**

Oh, who can make a \*mummy?  
I know I can't. Can you?  
Oh, who can make a mummy?  
I know it's God, 'tis true!

*Actions: Use dolls or show pictures of families as you sing this song.*

*\*Substitute other family members here (daddy, grand-dad, uncle, etc.)*



### **Where, Oh Where Has My Little Chick Gone?**

Where oh where has my little \*chick gone?  
Where, oh where could they be?  
With feathers so soft and little peep-peeps.  
Oh where, oh where could they be?

*\*Substitute other parent and child animals for this song.*

Tune: *Where, Oh Where Has My Little Dog Gone?*

Action: *Use mother and baby bird toys as you sing. Hide the baby and let the mother hunt for it.*

### **Cock-a-Doodle-Do**

Cock-a-doodle-doo.  
Hear the rooster crow at you.  
God made him and God made you.  
Cock-a-doodle-doo.

Tune: *Dashing Through the Snow*

Action: *Sing as you show a picture of (or toy) rooster.*

### **Thank You, God for Mother Hen**

Thank you, God for mother hen.  
Mother hen. Mother hen.  
Thank you, God, for mother hen.  
Who loves her baby chicks.

Thank you, God, for the rooster.  
Rooster. Rooster.  
Thank you, God, for the rooster.  
Who wakes us in the morning.

Thank you, God, for baby chicks.  
Baby chicks. Baby chicks.  
Thank you, God, for baby chicks.  
I like to hear them peep.

*\*Substitute any animal family and appropriate actions for this song.*

Tune: *Mary Had a Little Lamb*

Action: *Sing this song as you show a family of chickens.*

### **Seeds to Eat**

\*Seeds to eat. Seeds to eat.  
Mother bird likes seeds to eat.  
Seeds to eat for her family.  
Baby birds like seeds to eat.

*\*Substitute: Bugs, worms, grain*

Tune: *This Old Man*

Actions: *Sing song as you and the children play with toy birds in a sensory tub of seeds and grains.*

### **A Helper I Will Be**

A helper I will be. A helper I will be.  
I'll help to \*clean the table off.  
A helper I will be.

*\*Substitute any helping action.*

Tune: *Farmer in the Dell*

Action: *Sing this song at any point in class when children are helping put away toys, cleaning the table, taking care of the baby, etc.*

### **This is the Way We Clean the Table**

This is the way we clean the table.  
Clean the table. Clean the table.  
This is the way we clean the table.  
In bible class.

*\*Substitute any helping action.*

Tune: *This is the Way We Wash Our Clothes*

Action: *Sing this song at any point in class when children are helping put away toys, taking care of the baby, cleaning the table, etc.*

### **Night, Night Little One**

Night, night little one, God loves you.  
He watches over you all night through.

Action: *Guide the children in rocking and putting babies to bed as you sing*



### **A Helper in the Garden**

A helper I will be. A helper I will be.

I will help to plant the seeds.

A helper I will be.

*\*Substitute any garden helping action (plant seeds, dig a hole, water the plants, pick up leaves).*

Tune: *Farmer in the Dell*

Action: *Sing this song at as you guide the children playing with soil, seeds, plants and garden tools that are in a sensory tub.*

### **This is the Way We Tend the Garden**

This is the way we \*plant the seeds.

Plant the seeds. Plant the seeds.

This is the way we plant the seeds.

Just like Adam and Eve.

*\*Substitute any garden helping action (plant seeds, dig a hole, water the plants, pick up leaves).*

Tune: *This is the Way We Wash Our Clothes*

Action: *Sing this song at as you guide the children playing with soil, seeds, plants and garden tools that are in a sensory tub.*







# Items for Teaching this Class



Creation pictures. You and the children can look at the pictures and point to animals, flowers, etc.



God created man on the 6<sup>th</sup> day.



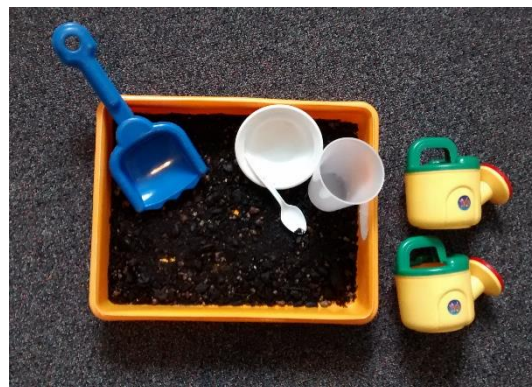
Plastic or silk flowers. If you cut the stems make sure to cover any sharp wire is covered with tape. Caring for the garden.



Plastic fruit and pictures. Caring for the garden.



Leaves, stems, bark and wood. Real or artificial. Be careful they are not poisonous.



Soil, trowel, watering cans, items to dig in soil (cup, spoon, shallow dish).



Dolls, bottles and blankets. Toddlers can rock and cuddle the dolls.



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Parents care for infants and toddlers..



Animal families. Show pictures of animal families. Collect toy animals in sets of 3-4 so you can show parents and babies.